



CENTRO SPORTIVO
ELEONORA D'ARBOREA S.S.D. A.R.L.

I NOSTRI ORARI



CENTRO SPORTIVO
ELEONORA D'ARBOREA S.S.D. A.R.L.

SCUOLA NUOTO ADULTI

LUN 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

MAR 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

MER 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

GIO 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

VEN 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

SAB 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 19:30, 20:20

ORARI IN VERDE: CONFERMATI

ORARI IN AZZURRO: IN PROGRAMMA

ORARI IN BIANCO: IN ATTESA



CENTRO SPORTIVO
ELEONORA D'ARBOREA S.S.D. A.R.L.

NUOTO LIBERO

LUN 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
12:00, 12:50, 13:40, 14:30, 15:20, 16:10,
17:00, 17:50, 18:40, 20:20

MAR 7:00, 7:50, 8:40, 9:30, 10:20, 11:10
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17:00, 17:50, 18:40, 19:30, 20:20

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17:00, 17:50, 18:40, 19:30, 20:20

ORARI IN VERDE: CONFERMATI

ORARI IN AZZURRO: IN PROGRAMMA

ORARI IN BIANCO: IN ATTESA



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ACQUA FITNESS - CIRCUITO

LUN MAR MER GIO VEN SAB

9:30	Alta	-	Circuito	Alta	Circuito	Hydro 9:15
10:20	Gym	Gym	-	Gym	Gym	-
13:40	-	Gym	-	Gym	-	-
14:30	Gym	-	Circuito	Gym	Circuito	-
18:40	-	Circuito	-	Circuito	-	-
19:30	Alta	Circuito	Hydro Alta	Circuito	Hydro	-
20:20	Circuito	-	Circuito	-	-	-

ORARI IN VERDE: CONFERMATI

ORARI IN AZZURRO: IN PROGRAMMA

ORARI IN BIANCO: IN ATTESA



CENTRO SPORTIVO
ELEONORA D'ARBOREA S.S.D. A.R.L.

SCUOLA NUOTO BAMBINI

LUN MER VEN

16:10, 17:00, 17:50

MAR GIO

17:00, 17:50

SAB

16:10, 17:00

SCUOLA NUOTO PULCINI

LUN MER VEN

16:10, 17:00, 17:50

MAR GIO

17:00

SAB

16:10

NUOTO TERAPIA

MAR GIO

11:10

NUOTO BABY 0-3 ANNI

SAB

10:20

ORARI IN VERDE: CONFERMATI

ORARI IN AZZURRO: IN PROGRAMMA

ORARI IN BIANCO: IN ATTESA



CENTRO SPORTIVO
ELEONORA D'ARBOREA S.S.D. A.R.L.

CHIAMA
SUBITO
376 155 4488